



## **2010 Expo Wheelmen Time Trial Series**

USA Cycling Permit #Pending

The Expo Wheelmen Time Trial Series takes place over a challenging 10K (6.21 mi.) course from Manchester to Hebron Ct. Riders start at 30 second intervals. Riders accumulate points throughout the season to determine category winners. Prizes are to be awarded at the end of the season for each category.

**Dates:** Every Thursday May through August

**Time:** Registration Opens at 5:00, closes at 6:00, Race starts at 6:30

**Registration:** Will be at Gay City State Park starting at 5:00. USAC license required. One day (\$10) and annual (\$60) licenses available. All racers must sign USAC waiver at registration. All USAC rules apply. Helmets required. Registered racers will receive a race number. Riders will keep the same number for the entire series.

**Cost:** The cost is \$10 per race per USAC licensed riders. A season pass will be available for all 17 races at a cost of \$120 per person. In the event more than 5 races are canceled, season pass holders will get a refund of \$10 per each additional cancellation.

**Parking:** Free parking is available at Gay City State Park. The park closes at sunset. Please do not park on the race course.

<b>Categories:</b> Mens	A (Pro, 1,2)	Womens A (Pro, 1,2)
	B (2,3,4)	B (2,3,4)
	C (4,5)	C (4,5)
	40+	40+
	Juniors	Juniors
	Merckx	Merckx
	Team	Team

One-day license holders may race in any category (nobody likes a sandbagger).

Merckx rules: No aero bars, skinsuits, shoe covers, aero helmets, disk or deep dish wheels.

3 person teams (male, female or mixed, any age) may race each week. Teams will start after all individual racers have started.

**Start:** The course starts at the intersection of Birch Mountain Road and Camp Meeting Road in Manchester. Riders will stage on Birch Mountain Road with the actual start on Camp Meeting Road. It is approximately a 20 min. ride from registration to the start, so leave enough time. Please use extreme care when crossing Camp Meeting Road at the start area.

**Finish:** The course follows Camp Meeting Road, which turns into Route 85 south. The finish is on route 85 opposite the fire station (past the entrance to Gay City State Park).

### **Directions to Gay City State Park:**

**From the south/New London Area:** Route 2 west to Route 66 east to route 85 north. Follow Route 85 north for 6.7 miles to the park entrance on the left.

**From Glastonbury Area:** Take Hebron Avenue, Route 94, to Route 85 north. Follow Route 85 north for 2.0 miles to the park entrance on the left.

**From the north/Hartford Area:** Take I-384 east to exit 5. Follow Route 85 south for 4.7 mile to the park entrance on the right.

More info can be obtained at [www.expowheelmen.com](http://www.expowheelmen.com)